

Food Mats

(Animal Theme)

FuntasticOTTools.com

Description: The 3 animal theme feeding mats are fun additions to the therapy and home toolkit to transform mealtime or snack time into an engaging and educational experience, providing a platform for young learners to make progress and build confidence while they eat.

Instructions:

1. After printing out the handout, it is strongly recommended that you either laminate the handout or place in a clear transparent paper in order to be able to reuse the handout multiple times.
2. After laminating or placing in a clear transparent paper, lay the feeding mat on a clean surface, such as a table.
3. Encourage the child to explore the image and have a conversation with them about how the food feels, smells, etc. Also, ask them what they can add to make the image more lively, entertaining, and fun.
4. Use the feeding mat as a fun backdrop for trying new foods or practicing using eating utensils like spoons or forks.
5. Use the feeding mat into your daily routine to make mealtime or snacktime more enjoyable and engaging.

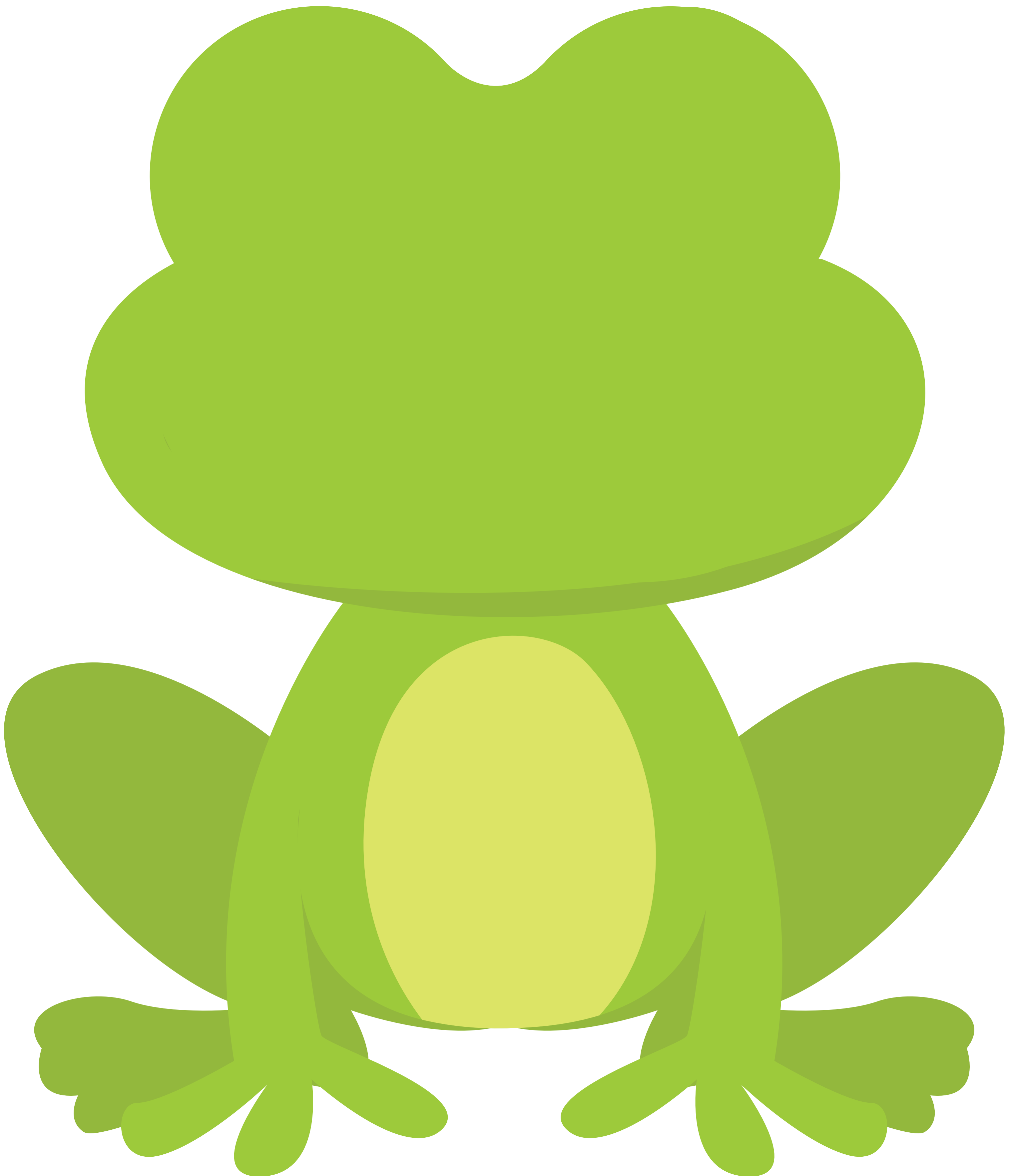
Example Below:

Let's add food items your choice or child's choice, like cereal or fruit!
Below is an example of how you can add the food items.



Go to the next page!
It's your turn to have fun!

Let's make a face!



Let's make a face!



Let's make a face!



Let's make a face!