

Feeding Boardgame Mat

FuntasticOTTools.com

Description: Feeding mats are fun addition to the therapy and home toolkit to transform mealtime or snack time into an engaging and educational experience, providing a platform for young learners to make progress and build confidence while they eat. This feeding mat provides a fun way to implement both sensory and behavioral-type of feeding therapy approaches by decreasing anxiety and increase fun with a play based activity with feeding for children who are described as picky eaters or has sensory related issues with food.

For this feeding board games mat, you will be provided with 2 options:

- 1. Just a feeding board game mat.
 - Use a spinner or dice when using the mat as this mat does not come with either items.
 - Have the food or a toy as the playing character/pieces on the mat. If using the toy item, place the food item for the activity. Each person playing the board game should have their own food and plate.
- 2. Feeding board game mat with a spinner.
 - How to use the spinner: You will need a pencil and paperclip. Unfold the long 'arm' of the paperclip and place the tip of your pencil through the loop in the paperclip and on the center of the spinners. Flicking the long end of the paperclip and see where it ends paperclip long 'arm' ends.
 - Have the food or a toy as the playing character/pieces on the mat. If using the toy item, place the food item for the activity. Each person playing the board game should have their own food and plate.

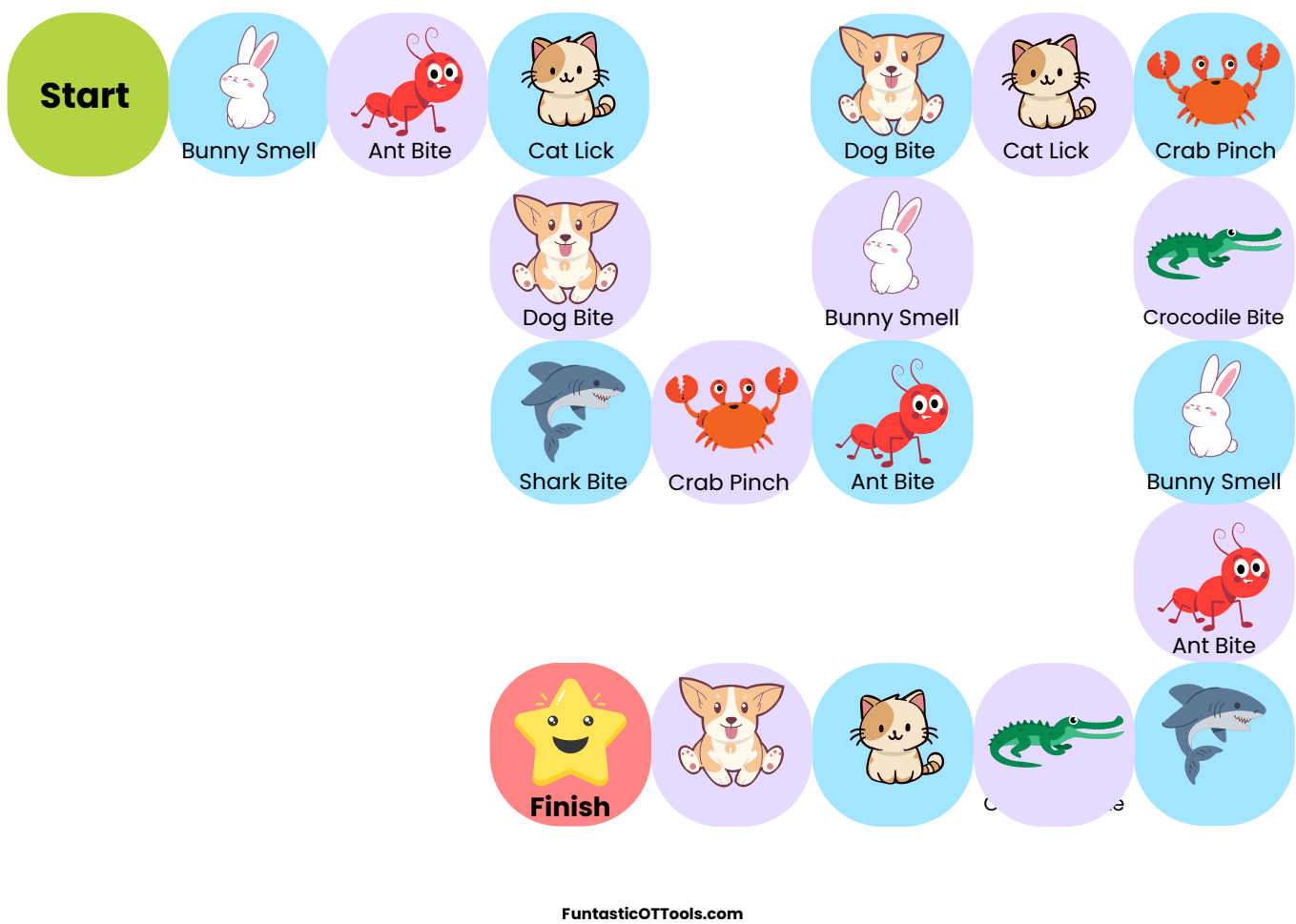
Instructions:

- 1. After printing out the handout, it is strongly recommended that you either laminate the handout or place in a clear transparent paper in order to be able to reuse the handout multiple times.
- 2. After laminating or placing in a clear transparent paper, lay the feeding mat on a clean surface, such as a table.
- 3. Refer to the 2 options above on how to play the feeding board game mats.
- 4. Use the feeding mat into your daily routine to make mealtime or snacktime more enjoyable and engaging.

Examples below of the provided board game mats:

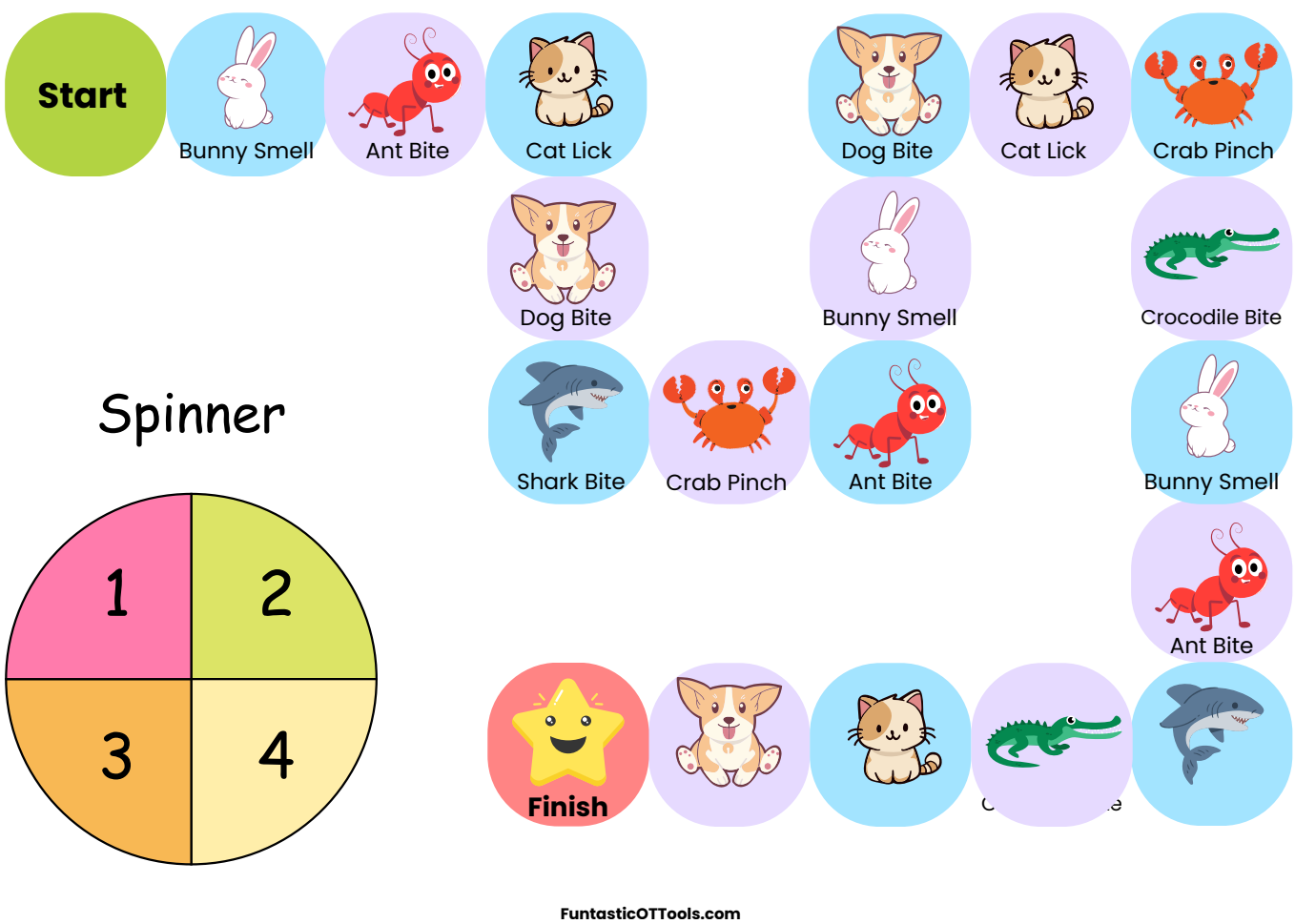
Option 1:

Feeding Boardgame Mat



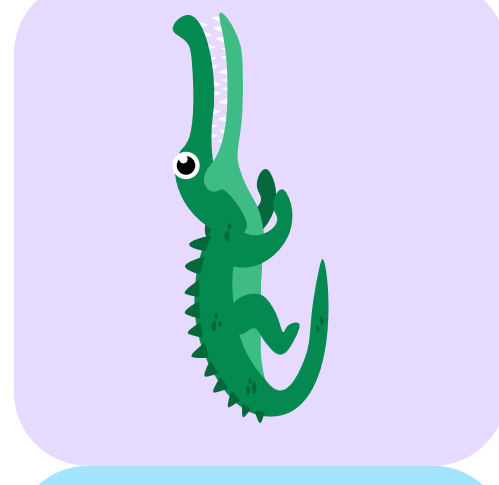
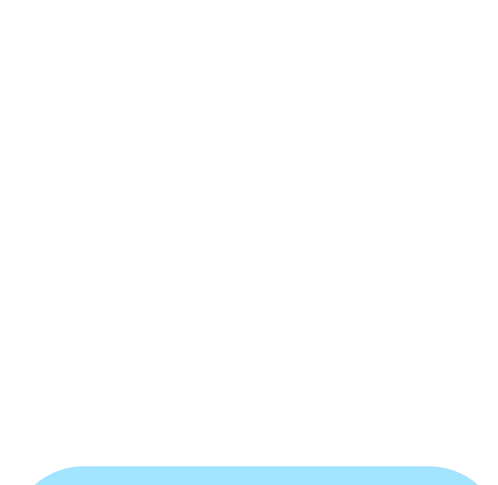
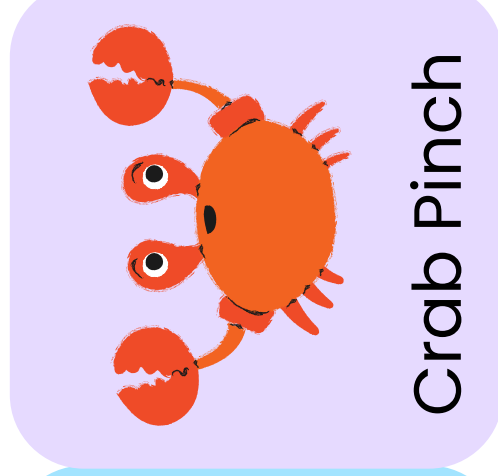
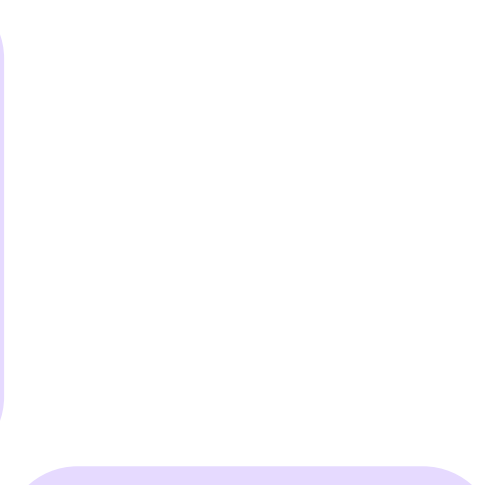
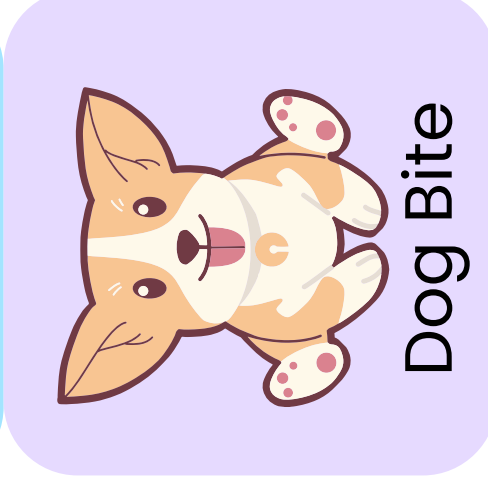
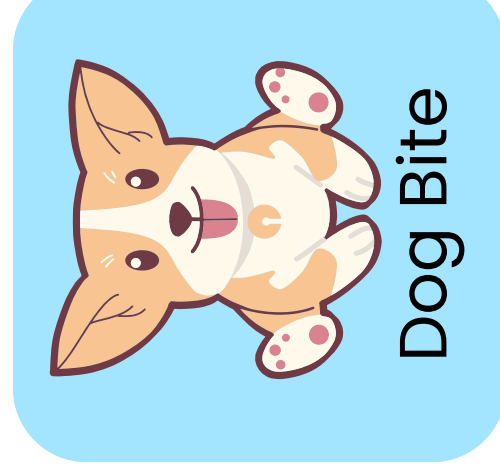
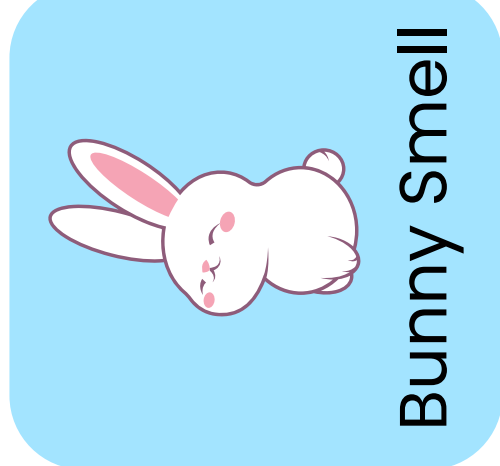
Option 2:

Feeding Boardgame Mat

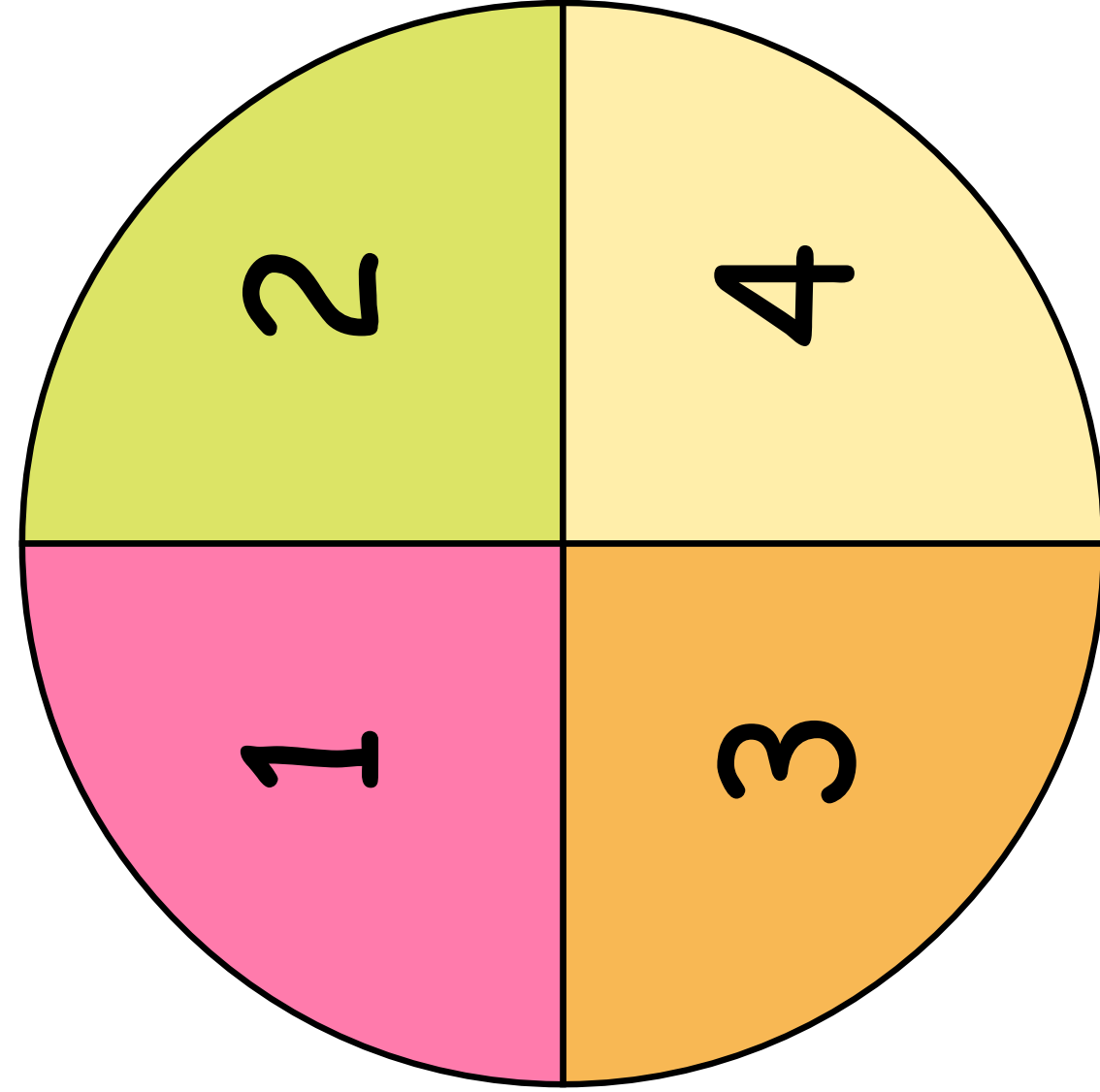
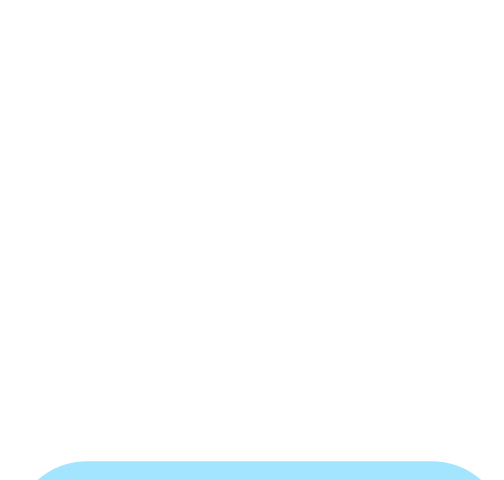
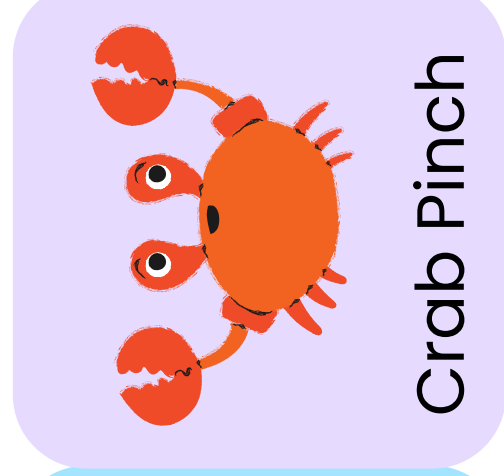
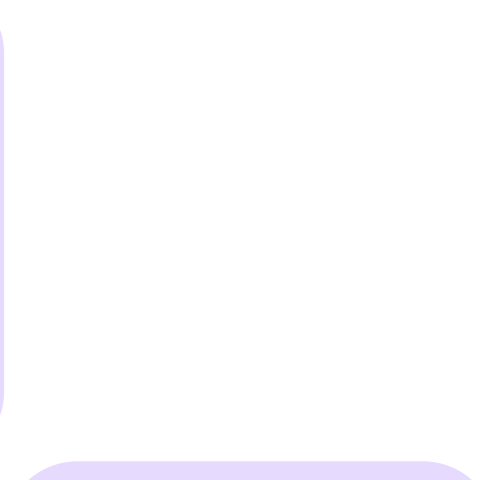
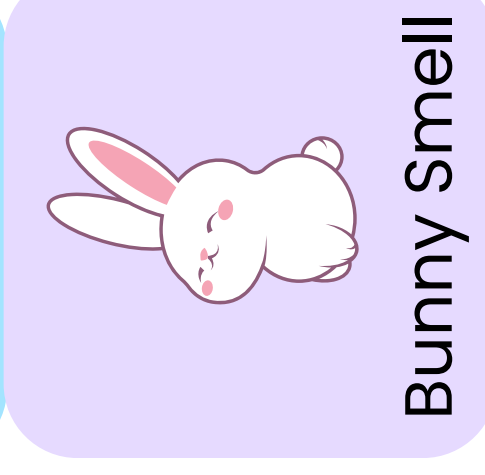
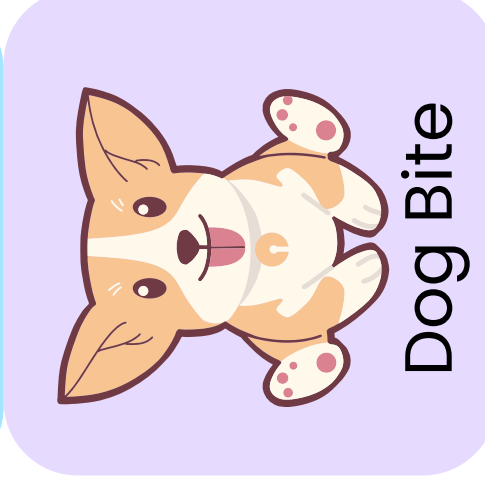
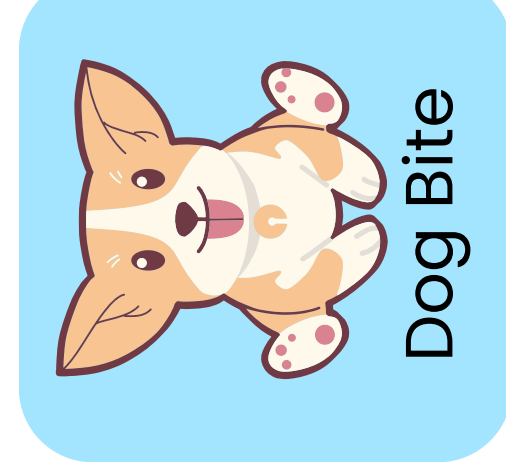


Go to the next page!
It's your turn to have fun!

Feeding Boardgame Mat



Feeding Boardgame Mat



Spinner

